

HSCC YOUTH MINISTRY

We will be offering 3 Youth Ministry Programs this year. They are **EDGE** (for 7th/8th Grade), **LIFE TEEN** (for 9th-12th Grade) and **CONFIRMATION** (for 10th-12th Grade who wish to receive the Sacrament). The **EDGE** and **LIFE TEEN** Youth Groups will meet every Sunday and the **CONFIRMATION** group will meet once a month on Saturday until it is time to be Confirmed. The members of the **CONFIRMATION** group are required to also participate with the weekly **LIFE TEEN** group. Our launch date for the **EDGE** and **LIFE TEEN** programs is October 5th. It will start with mass at 10am at St Anthony's. The **EDGE** group will meet from 2:00 - 3:30 and the **LIFE TEEN** group will meet from 4:30 – 6:00. Both groups will be held at the St Anthony's Gym. **CONFIRMATION** will commence on the 11th of October from 10:00 – 12:00.

My vision for this year is to lay a foundation on which we can build, as a ministry, in future years. The key areas that our 2 youth groups (**LIFE TEEN & EDGE**) will focus on are:

- The Trinity and how to build a relationship with them through
 - Prayer
 - Sacraments
 - The Mass
 - Fellowship

In doing this, it allows the **CONFIRMATION** group to focus solely on areas concerned with receiving the Sacrament of Confirmation.

THE PROGRAMS



LIFE TEEN is an international Catholic movement that serves the Church by providing resources and faith experiences that help lead teens closer to Christ. This is accomplished through a vibrant Eucharistic spirituality and by creating opportunities for teens to grow in their faith.

LIFE TEEN Model

- Gather** – Some form of game and a time of Praise to set the tone of the meeting
- Proclaim** – A talk or teaching on various topics complemented with dramas or music
- Break** – Opportunity to explore the topic more deeply through small group discussions, large group or individual activities
- Send** – Some form of prayer experience designed to complement the topic covered. Some examples are Group prayer, Praise & Worship, Eucharistic Adoration, and Scripture Reflection



EDGE is a Catholic middle school youth ministry for early adolescents in grades 7-8. It is designed to meet the catechetical, educational, spiritual, emotional and social needs of young adolescents.

EDGE approaches catechesis to middle-school youth using the Life Teen model. Middle-school youth are removed from behind classroom desks and brought into a large-group environment for gathering activities, teachings and prayer. In small groups, they break open the teachings and build solid, Christ-centered relationships that allow them to comfortably explore their Catholic faith and make it relevant to their everyday lives. This helps build safe relationships during some of the most formative years of a teen's life.

With many catechetical themes available, I have a variety of topics to explore and teach to youth. This creative and experiential approach engages youth to understand Catholic teaching and form their Catholic identity



The **CONFIRMATION** program will be using the LIFE TEEN Confirmation resource called 'Oneight'. This program uses the scripture taken from Acts 1:8 'You will receive power when the Holy Spirit comes upon you and you will be my witnesses to the ends of the earth.' Its focus areas are:

- Holy Spirit
- Pentecost
- Saints
- Great Commissioning
- Sacraments of Initiation

*"The aim of catechesis is **maturity**: spiritual, liturgical, sacramental and apostolic; this happens most especially in a local Church community."* Pope John Paul II, Congregation for Catholic Education

OPPORTUNITIES TO SERVE

CORE TEAM: This is a team comprising the youth minister and other individuals. Their role is to supervise and coordinate the basic functions of running each youth group. They are responsible for running games, activities, participating in dramas and skits, leading prayer experiences, giving talks and testimonies. They are full and active members of the youth groups.

ENVIRONMENT TEAM: This 'behind-the-scenes' team is responsible for supporting the CORE Team by setting up and packing up the youth group area as well as creating an environment for prayer experiences. They will also help out in the kitchen organizing food and drink for the youth group. This is a perfect ministry for people who wish to be involved with the ministry but prefer to work in the background.

PRAYER TEAM: This team of warriors will be asked to pray for the ministry and the individuals involved (both Team and Youth). We ask that you would set aside time while youth group is running to pray for the success of the ministry as well as a list of individual teens and team members to pray for. This is a perfect ministry for people who are looking to deepen their prayer life or wish to be involved but don't know how to. The great thing is, you can do this in the comfort of your own home!

If you have any questions or concerns or you would like to know more about the opportunities to serve this Ministry please call me at 232-1196 or email doneill@hsc.org.